

**Minutes of the Carlisle Board of Health  
June 29, 2010**

Present: Board Members Jeff Brem Chair, Bill Rizzo, Mark Caddell; and Cathy Galligan; absent Michael Holland; Linda Fantasia, Agent, Laura Scholten (Mosquito); Sanitarian Candidates; Kathryn Kinzel BUSPH

The meeting was called to order at 7:15 p.m. in the Nickles Room at Town Hall.

**Sanitarian Interviews:**

Jeffrey Colburn – Mr. Colburn's current position is at Hanscom Air Force Base in the Air Force Health Dept. He has a background in environmental services and pest management. He is ServSafe certified and trained in HACCP. Mr. Colburn was not aware that this was a part time position. He is looking for fulltime employment. He does not have experience in legal code enforcement. He would attempt to educate license holders, but if necessary would shut down an establishment. With his current job, his weekday availability would be limited. He is a Certified Pool Operator.

Michael Sarasin – Mr. Sarasin is currently employed as a culinary arts teacher at Mass Lowell. He is looking to starting a consulting service and would prefer to begin with a small town. He has over ten years experience in teaching and operated his own restaurant for many years. He is familiar with both the food code requirements and the operational side of a food establishment. His schedule is somewhat flexible with personal time off. His only inspectional experience is classroom teaching. He has ServSafe OSHA and teaching certifications. He does not have experience with legal enforcement. He sees the importance of education along with enforcement. His teaching experience would be helpful. He was recommended by Arnie Price who is the Food Inspector for Westford.

Kevin Sweet (Public Protection Specialists) – Mr. Sweet is the Health Agent for Maynard, but also has a consulting firm Public Protection Specialists. He has other staff available. Weekday inspections would not be a problem, nor would emergency calls. He is a CPO and ServSafe Certified. He has also passed the NEHA Food Safety course. His consulting firm has been in business since 2007. He has 7 years experience in local public health. Emergency calls would not be a problem. In dealing with a problem, he would initiate corrective action within a reasonable time frame. The only exception is an immediate health risk. He has experience with criminal and non-criminal situations. The best way to avoid ongoing problems is education. He has been involved in temporary injunctions when a facility had to be shut down. This would be a last resort. He has conducted pre-opening inspections for farmers markets. Keeping the Board informed is vital. He is certified to do CORI checks.

Randy Phelps (Phelps Food Service Consultants) - Mr. Phelps has some familiarity with Carlisle. He worked with Daisy's Market to set up an operational plan at the request of the Board. He has also taught ServSafe courses for non-profit organizations in town. His firm is currently the food inspector for Shrewsbury and Templeton. His schedule is flexible. Travel would not be a problem. He believes that teaching the correct way to do something is more cost effective since it reduces the number of re-inspections. He provided the Board with some examples that required shut down of an establishment. This is always a last resort when there is an imminent public health risk. He is willing to work with a licensee if the issue involves something out of their control – such as old equipment that needs replacing. He uses a common sense approach in his inspections, but always keeps the Board informed. The Board has the final say. He does not have approval to do CORI reviews, but is looking into it.

Rosemary Decie (Yellow Dog Environmental Consulting) – Ms. Decie currently has a small consulting firm and is looking to expand. She is also employed at NEIWPC as a Certification and Training Coordinator. Previous to this she worked for DEP and was the Health Agent in Topsfield. Her inspectional background includes the Topsfield Fair. There are approximately 70 restaurants in Rowley and Topsfield. She is not that familiar with housing or sanitary code inspections. Her preference is to educate owners when there is a problem, but would not hesitate to use the authority of the Board of Health for compliance. Her business employs two people and could provide emergency coverage. She would need to work out time off from NEIWPC for weekday inspections. Her ServSafe Certification has lapsed, but she will renew. Her associate is a CFPM. She does Soil Evaluator and System Inspection trainings for the state.

**BUSPH Intern** – Kathryn Kinzel met with the Board to discuss the position. She is in the process of obtaining a Master in Public Health degree. Her specialty is Epidemiology – Infectious Diseases which is the study of patterns in disease. She is interested in learning about local public health. The internship would provide academic credit. She worked for the Boston MRC on the H1N1 clinics and would be interested in working on a public flu clinic for Carlisle. She is also working part time at Mass General. The Board reviewed her letter of application and resume. In deciding on specific tasks, the Board asked if Kinzel would consider public education on Lyme since the Board is sponsoring a presentation in September and possible health risks associated with the use of uncomposted mulch at the local community garden since some of the produce is sold at the farmers market. This has been an issue for the Board and needs additional research in order for the Board to make an informed decision. Kinzel said she would be interested in working on both topics. She and Fantasia will meet to put together a learning contract. Galligan offered to be a field supervisor. The fall session starts in September but Kinzel would be available in August. The Board thanked Kinzel for the meeting and agreed that she would be a good candidate for the internship.

Minutes of 5/25/10, 6/8/10 – next meeting

Bills – It was moved (Risso) and seconded (Caddell) to accept the bills as presented. Risso said the bills include payrolls and training reimbursements. Motion passed 4.0

### **Administrative Reports**

Old Home Day – Fantasia thanked Board members for working at the booth and the trailer. Many residents were interested in the topic of Lyme disease. It is clearly an issue for the town. Donna Margolies also provided good information on teen resources. This has been a difficult year at the high school as a result of suicide incidents. Residents also filled out a Health Survey which will also be posted online. Not many took a tour of the trailer, but having it onsite was impressive and gave the health department a certain importance.

FY10 Year End Summary - Fantasia is still waiting for some of the final balances. A report will be prepared for the next meeting. It appears the Board is able to return \$2171 to the general fund as a result of the staff time reimbursement for H1N1 activities. No overruns are projected. Brem thinks it is important to mention the General Fund credit in the 2010 Annual report.

Town Sewer Project – Fantasia spoke with Steven Pedersen of Weston & Sampson who is willing to review the 2008 PEF and meet with the Board to discuss moving forward on an SRF grant. The meeting is tentatively scheduled for 7/13/10. There is no charge for the advisory planning meeting.

MHOA Monthly meeting – Risso and Caddell attended. Representatives from MDPH and DFA presented. Topics involved new posting requirements related to food allergies. This applies to all retail consumables which in Carlisle includes Ferns and Ice Creams Stands. The state has developed posters and handouts for LBOHs. The new regulation goes into effect 10/1/10. LBOH is responsible for enforcement. Fresh produce is not regulated. Fantasia noted that in Carlisle the organizers check with the Board each year to go over local expectations. There have been no problems selling potentially hazardous foods. The only PHF vendor has a state license. Raw milk cannot be sold to the public unless from a certified source. Risso provided a packet of information for the files.

Food Inspector Consultant – Board members ranked their choices in order. Phelps and Sweet received the most votes. Board members agreed either candidate would be a good choice, but there was a stronger leaning towards Phelps due to his years of experience and familiarity with Carlisle. Sweet could be a back up if needed.

It was moved (Galligan) and seconded (Risso) to offer Phelps Food Service Consultants a one year contract with a one year renewal clause and a 60-day termination notice by either party with the rates as discussed. Motion approved 4-0-0.

There will be a savings of approximately \$10/hr with the new contract over the Concord agreement. Fantasia asked about charging for local non-profit inspections which the Board currently covers from 53E ½. Risso said this should be considered when negotiating the 10% monthly give back to the town.

Annual Goals – Brem would like to review at the next meeting.

There was no further business discussed. Meeting voted to adjourn at 9:00 p.m.

Respectfully submitted,

Linda Fantasia  
Recorder