

**Minutes of the Carlisle Board of Health
May 10, 2011**

Present: Board Members Mark Caddell (Chair), Bill Risso, Cathy Galligan; Elizabeth Nilson Ostrow; Jeff Brem arrived later. Also present: Linda Fantasia, Donna Margolies

The meeting was called to order at 7:00 pm by acting chairman Mark Caddell. Jeff Brem arrived later.

MINUTES – Galligan provided comments for 3/15/11 minutes. It was moved (Galligan) and seconded (Nilson) to approve the minutes of 3/15 /11 and 3/22/11 as amended. Motion passed 4-0-0

BILLS – It was moved (Galligan) and seconded (Risso) to approve the bills as presented. Discussion – bills included salaries and grant expenses. Motion passed 3-0-0.

ADMINISTRATIVE REPORTS

Budget – on track. Reimbursements from grants are coming in. The revolving account has only returned \$2500 to general funds for the 10% giveback. Fees have decreased due to lack of septic work. Larry Barton had projected an annual give back of \$5000.

District Incentive Grant – There was a kick off meeting in Framingham. Currently there are six committed towns and nine willing to consider. Brent Reagor is the consultant. The goal is to enhance public health services through additional public health nursing services. Towns must be committed in order to participate in the Planning Grant. A commitment is only for the Planning stage. Implementation will follow. Towns can opt out at anytime. One of the grant requirements is that towns agree to not reduce operating budgets or personnel for five years. District services are not intended as a cost savings measure. Timelines were provided for the work plan. The consultant will meet with each committed community separately. It will still be possible to opt in at a later date. There is some concern about Carlisle participating with large cities. Framingham has a census population of 70,000 but an actual count closer to 90,000 due to undocumented immigrants. As an example of a public service, one community worked with its school department to do a Body Mass Index on school children and found that a high number exceeded the acceptable level. This type of finding can translate into public health education. The Board still questioned whether such a district was appropriate or needed in Carlisle since so many residents have access to good healthcare. Nilson suggested a public survey to see what residents want. The Board agreed to do some type of survey at Old Home Day. Typically the Board chooses a public health goal such as mosquito control or Lyme disease and works on promoting prevention and understanding. The Board agreed to continue with annual goals. Galligan suggested waiting to see how the district evolves and keeping an eye on public health issues relevant to residents.

BILLS – It was moved (Risso) and seconded (Galligan) to approve the bills as presented. Discussion: bills include salaries; two invoices from Technical Consulting Group and sharps containers which are grant reimbursable. Motion passed 4-0-0.

PH 1075 CURVE STREET – proposed addition. Title 5 variances requested: cellar wall to leaching area 20’ required, 14’ provided; cellar wall to septic tank, 10’ required, 6’ provided. Present for the meeting was Ben Ewing of Stamski & McNary and owner Debra Hussey.

Ewing explained that the owner is proposing to construct an addition on the rear of the building which will be approximately 6’ from the existing septic tank and 14’ from the existing soil absorption system, which is less than the required 10’ and 20’ respectively. The proposed addition is for a breakfast nook and needs to be located close to the kitchen. It will have a full basement. The current location makes use of an existing cutout in the foundation. The addition could not be located at the easterly end of the dwelling because of zoning setbacks. It is a non-conforming building and lot which would require a zoning special permit. The proposed location provides the greatest setbacks to the system while keeping it in the vicinity of the kitchen. The foundation wall will be waterproofed, there by maintaining the same amount of protection to that of the current system. There will be no increase in flows to the system. The addition does not qualify as new construction under Title 5. No state review is required. The Board is authorized to grant the waivers under local upgrade approval. The Board discussed whether

to table the hearing since Brem had submitted a question about new construction. Ewing suggested that the wording of 3310 CMR 410(1) and (2) was open to interpretation in this case. The Board but agreed that it is a small construction project unlikely to cause harm to the system. Zoning issues would be more problematic than relieving the setback to the system since additional protections can be undertaken. It would be unreasonable to ask the owner to wait for another meeting. Board members were comfortable deciding on the request based on the information provided. Ewing said the Conservation Commission has already approved the project.

Rob Frado had reviewed the site plan and recommended installation of a 40 mil poly barrier along the full length and height of the north and west walls of the proposed foundation. System components should be staked off and marked during construction. Frado does not recommend installation of the foundation drain as shown on the plan. Ewing would prefer to keep the foundation drain. The Board agreed that an additional impervious barrier could be added with a 4' offset from the foundation wall to prevent any flow from the water from the system toward the drain. The drain flows toward the wetlands. An as-built will be required and the work must be inspected by Frado prior to backfilling. There was no further discussion.

It was moved (Galligan) and seconded (Risso) to close the public hearing. It was moved (Galligan) and seconded (Risso) to approve the proposed site plan for 1075 Curve Street, Carlisle, MA designed by Stamski & McNary, dated revised April 28, 2011 to allow the construction of a kitchen addition by granting the following local upgrade approval waivers: 310 CMR 15.211 Distances: cellar wall to leaching area 20' required, 14' provided; cellar wall to septic tank, 10' required, 6' provided; and conditional upon the following: sealing of the cellar wall; staking the tank, d-box and leaching area; providing an as-built; inspections by the Board's consultant prior to backfill, all as recommended in the engineering review dated 5/6/11 and the installation of a 40 mil poly barrier 4' off and below the foundation drain. Motion passed 4-0-0.

ADMINISTRATIVE REPORTS continued:

Operation PELOBU – this is an emergency response table top paid for by region 4A. Fire, Police and COA have been invited. The date is 6/9/11 in Weston. Fantasia, Margolies and Galligan will attend.

Hazardous Waste Collection - a draft press release was submitted to the Board. The Board approved a poster itemizing what to bring to the collection. Residents will need to call ahead if bringing large quantities. These will be scheduled for 10:30.

Summer Programs – There is one sport camp application. The renewal license is only \$10.00 by statute. The Recreation Commission contracts with the organizers. Fantasia will review the self-check assessment required and initial camp forms. If she has questions, she will consult Kevin Sweet of PPS. Sweet will do the inspection of the semi-public pool at the Children's Place. Nilson noted that the playing fields last year were littered with dog feces. Owners do not pick up after their dogs and the children come in contact with it during the games. She felt it was a serious problem and should be addressed. The Board agreed to follow up with Recreation about the unsanitary condition of the fields. The Board may not open the fields for the sport camps if they continue to be dirty. The Board also wants all health forms ahead of the start of camp. Immunization records need to be verified. Fantasia will talk with the Director.

Measles Update (Brem arrives) – DPH sent out an alert about the increase in cases. There are ten confirmed cases and probably more unidentified. The increase in cases may be an anomaly. Nilson recommended that anyone who is uncertain of the immunization status have it tested the next time they have blood drawn. Health professionals need to have proof of immunity. Other people can use age or medical records.

DISCUSSION ITEMS Jeff assumed the chair.

EDS Deliverables – The Board reviewed a resume submitted by Kathleen Bond. She will work on updating the Emergency Site Dispensing Plan and Technical Assistance Review. She has worked on grants in the past. She has a Master's in Public Health and recently moved into town. The Board reviewed a scope of work and dates. The Board would prefer a lump sum contract. Bond will be away for two weeks at the beginning of June. Fantasia will work out the details.

Composting Guidelines - Caddell prepared a draft policy which explains that the Board was responding to a complaint about the use of fresh animal bedding at Foss Farms Gardens. Caddell had researched a number of academic sources. There was general agreement that this practice is not advisable. Best management practices call for the use of composted materials to reduce exposure to pathogens and provide adequate nutrients to the soil. Composting requires active management not stockpiling of material. It must maintain a certain temperature for the processes to work. Pig, dog and cat manure should never be used. Uncomposted material should only be applied a minimum of 120 days before harvest. Galligan agreed that people need to be educated on the definition of compost. The Board agreed that its objective needs to be based on public health concerns. It would be helpful to provide additional resources for people to check out. The Board agreed to add a table of authorities to the policy, but to keep the policy straight forward and basic. Galligan suggested doing a public forum on composting at some point. Brem liked the idea of providing a variety of sources of information on composting rather than dictating one explanation. He also noted that it is important to till the compost into the soil. It should not be used only for weed control but to improve the condition of the soil. Only clean straw should be used to control weeds. Risso questioned whether the Board needed to provide any guideline, or let the growers decide. Should the Board decide to issue a guideline, it would apply to all gardens including the proposed one at the school. Nilson noted that Foss Farm is a shared garden and there should be some responsibility towards other gardeners. Gardeners could still use clean straw bedding as long as it does not contain feces.

The Board agreed to edit the guideline as described above. Galligan will edit the final draft. It will be distributed to the school, conservation, farmers market and put on the website.

It was moved (Caddell) and seconded (Risso) to issue a guideline on the use of composting material as a public health educational tool. Motion passed 5-0-0.

376 Cross Street – Accessory Apartment. The request had been reviewed by Brem and approved in order to meet a Planning Board meeting notice requirement. Frado reviewed the proposed addition compared to system capacity. The addition will not result in an increase in flow above existing capacity. Brem asked the Board to ratify his decision.

It was moved (Risso) and seconded (Nilson) to ratify the Chairman’s decision to approve a request for an accessory apartment at 376 Cross Street, Carlisle, MA, property owned by Sibley as part of the Planning Board application for a special permit.

Farewell to Nilson – the Board thanked Nilson for her work on the Board. Nilson explained that new duties in her job and family commitments caused her to rethink staying on the Board. She offered to volunteer in the future and be a resource on health issues.

There was no further business discussed. Meeting voted to adjourn at 9:55 pm.

Respectfully submitted,

Linda M. Fantasia
Recorder