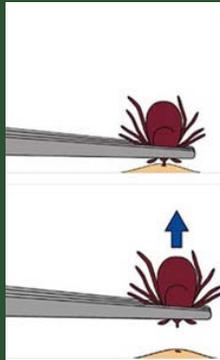


PREVENT

TICK-BORNE DISEASES



- Wear DEET repellent
- Put clothes in hot dryer for 15 min after being in tick habitat
- Shower & check for ticks soon after time outdoors
- Call your doctor if you get a rash, fever, or flu symptoms after a tick bite, or during the summer after spending time in tick habitat



HOW TO REMOVE A TICK

- Use fine tweezers, grasp close to skin
- Pull upwards with a steady motion
- Clean the area with antiseptic and wash hands afterwards

For more info visit
tickcounter.org
or scan the tick!

