

**Carlisle Council on Aging Board Meeting  
Town Hall - Clark Room  
November 15, 2016**

**Board Members Present:** Donna MacMullan, Abha Singhal, Walter Hickman, Kathy DeVivo-Ash, Giovanna DiNicola, Maxine Crowther, Peggy Hilton, and Reuben Klickstein. **Associate Members Present:** Verna Gilbert, Jean Sain, Elizabeth Acquaviva, John Ballantine, and Helen Lyons. **COA Staff Present:** David Klein and Angela Smith. **Friends Representatives:** Peg Gladstone and Kerry Kissinger. **Guest:** Jerry Souci.

**Secretary Minutes:** A **motion** was made by Abha Singhal to accept the October 18, 2016 minutes submitted by Co-Secretary, Kathy DeVivo-Ash. The motion was seconded and carried by voice vote.

**Outreach and Program Manager Reports:** A **motion** was made by Abha Singhal to accept the October reports submitted by Angela Smith. The motion was seconded and carried by voice vote.

Angela Smith reiterated the need for more senior tax workers. She also said that a SHINE counselor is available to anyone having trouble with Medicare. Changes in Medicare can be made up to December 7, 2016.

**Social Worker Report:** The Board reviewed the October report submitted by Peter Cullinane. David Klein noted that the VA in Bedford offers geriatric consultation services and has a memory disorder diagnostic clinic for veterans over 50 years of age. He suggested we provide this information to Alan Canova of the Carlisle Veterans Committee.

**Financial Report:** A **motion** was made by Maxine Crowther to accept the October report submitted by David Klein. The motion was seconded and carried by voice vote.

David mentioned that his Director's report gave a heads up that the Town Accountant was working on a project settling the Town's final tax rate with the state and thus has not yet been able to issue all of our COA accounts for the month of October. She did supply the COA General Fund Summary, and this will serve as the financial report for our Board meeting. He also noted that the "LRTA Reimbursement Grant" figure of \$7,843.55 is a little low due to timing of their reimbursement process. Walter Hickman stated that copies of the full report will be provided once it is completed.

**Director's Report:** A **motion** was made by Abha Singhal to accept the October Director's Report submitted by David Klein. The motion was seconded and carried by voice vote. Highlights from the report are as follows:

1. Pilot Transportation Program: Statistics for both ambulatory and non-ambulatory clients were included.
2. Mass. Council on Aging Conference: Among the many topics presented, Senior Center Design was one session attended by Jerry Lerman and Donna MacMullan as well as David. David Klein stated that "key phrases" were provided for use when talking about senior center design. These include phrases such as "overlooks", "aging in place", "human scale", and "street friendliness".
3. Department of Revenue: A copy of the "Senior Circuit Breaker Tax Credit" was provided. More seniors may be eligible for the Tax Credit (not a deduction) than are recognized.

4. Housing: John Ballantine commented that COA should weigh in on the master plan for housing currently being created by the Planning Board. There was extensive discussion about housing issues in Carlisle.

**Minuteman Senior Services Report:** The Annual Meeting was held on November 2, 2016 and the Slate of Officers for the coming year was presented and unanimously approved. The Keynote Speaker, Family Caregiver Michael Hager, gave a very touching account of his wife's struggles with Alzheimer's Disease from early symptoms until her move to a nursing home. Mr. Hager is an attorney as was his wife. In order to keep her safe he often took her with him to court. For a while she was engaged in the proceedings and would discuss the events with her husband. However, one day she decided to leave the court room in the middle of a trial. Her husband however couldn't leave. She wandered to the fire station next door to the Court, and eventually ended up at Mass General. Mr. Hager told of all the help and information he received once he found Minuteman and all the support they offered. He couldn't praise the organization enough. There were Award Presentations given to different town Community Chests. Concord Carlisle Community Chest representatives were present and received an award. After the meeting we were able to chat with them and thank them for all they do for Carlisle and Concord.

**Friends of the COA:** Peg Gladstone reported the Friends are sponsoring a repeat of the third part of their series on Islam and will start fund raising in December.

## **OLD/NEW BUSINESS**

**Road Race Committee:** Verna Gilbert stated that the Road Race was a success with 119 runners who pre-registered and 82 registering on race day. She said it was a good time for all, but a lot of work. The committee is meeting today to recap the race and to discuss whether or not the race will be held next year. A comment was made that the road race is the most visible intergenerational event in Carlisle.

**Nominating Committee:** Gio DiNicola stated that the committee has met once and will meet again in January.

**Committee Updates:** Donna MacMullan requested that all other committees meet prior to the next board meeting on December 20 and be prepared to provide a brief update to the Board.

**Concord/Carlisle Adult Advisory Committee:** John Ballantine stated that the committee needs more members from Carlisle as well as more input into programs that could be offered. There was extensive discussion about this and how it can impact seniors. Jerry Souci, who is a registered nurse specializing in end of life issues, was introduced. Discussion about geriatric care management, aging in place, and what COA boards can do as senior populations increase were touched upon.

**Next Meeting:** The next meeting is Tuesday, December 20, 2016 at 10:30AM.

A **motion** was made by Donna MacMullan to adjourn the meeting. The vote was seconded and carried by voice vote.

Submitted by:  
Kathy DeVivo-Ash  
Co-Secretary