

## IMPORTANT TRI-TOWN VAPING PREVENTION COLLABORATION

The Boards of Health of Concord, Bedford and Carlisle, in collaboration with the Center for Parents and Teachers, offer 2 free community programs on:

### “What We Know About Teen Vaping of Today: THC, CBD, Nicotine”

Come learn about this vitally important issue so you can hold more effective conversations with teens and preteens. The children in your life may not be vaping themselves but they know others who are. This is a very new behavior and much is not known. **But what is known about the harm being caused is alarming.** Users of vape devices can easily become addicted to nicotine. The many chemicals vaped through the devices can cause irreparable harm to their lungs. Talking to teens and preteens is vitally important in prevention and cessation. Come see actual devices on display.

### Two Opportunities to Learn from Expert Researchers!

**Monday October 28, 7 to 9 PM at**

**Concord-Carlisle High School, 500 Walden Street, Concord 01742**

PRESENTED BY Dr. A. Eden Evins, founder and director of the Center for Addiction Medicine at Massachusetts General Hospital, and Professor of Psychiatry at Harvard Medical School.

To help with planning for October 28, and to learn more details, please pre-register at

<https://teenvapingparenteducationon28october2019inconcord.eventbrite.com>

**Tuesday, December 3, 7 to 9 PM at**

**Bedford Town Hall, 10 Mudge Way, Reed Room, Bedford 01730**

PRESENTED BY Dr. Marisa Silveri, Director of the Neurodevelopmental Laboratory on Addictions and Mental Health in the Imaging Center at McLean Hospital and Associate Professor of Psychiatry at Harvard Medical School and Adjunct Assistant Professor of Psychiatry at Boston University School of Medicine.

To help with planning for December 3, and to learn more details, please pre-register at

<https://parentprogramaboutvaping3dec2019inbedford.eventbrite.com>

**SEE ACTUAL VAPING DEVICES:** At both events, an exhibit of vaping and other delivery devices used by youth will be set up on display. Take a look at what's currently on the market and the most popular devices for users.

Read more details about these programs, including full background information about our two speakers, at [www.centerforparentsandteachers.org](http://www.centerforparentsandteachers.org) or [www.carlislema.gov](http://www.carlislema.gov) under Board of Health.

*This project is funded through CHNA15 DoN funds from Lahey Hospital and Medical Center.*

